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# DEPRESSION AND SUICIDE MESSAGE AS SEEN IN CHESTER BENNINGTON OF LINKIN PARK'S SELECTED LYRICS FROM 2000 (HYBRID THEORY) UNTIL 2017 (ONE MORE LIGHT)

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#### Abstract

Linkin Park consists of six people, namely Chester Bennington as the vocalist, Mike Kenji Shinoda as a rapper (founder of Linkin Park), Brad Philip Delson as a guitarist, David Micheal "Phoenix" Farrel as a bass, Joseph Hanh as a disc jockey (DJ) and Rob Gregory Bourdon as a drummer. The writer only focus on Chester Bennington's life, how his struggle in roller coaster life and accept himself cannot separate with his suffered on his past. Chester Bennington always interpreted him become part of his songs in Linkin Park's lyrics.

This thesis is entitled "Depression and suicide message as seen in Chester Bennington of Linkin Park's Selected Lyrics from 2000 (Hybrid Theory) Until 2017 (One More Light)" seen from the perspective of psychological analysis, pragmatics analysis, lyrics of songs analysis. This research is limited on basic ideas that relate to the observation into three questions as follow: (1) what makes Chester Bennington left his message in lyrics of Linkin Park's songs, 2) what the causes Chester Bennington depression and decides to commit to suicide, and (3) What song proves Chester Bennington was depressed and decided to commit suicide. The objectives of this research were (1) To explain the reason Chester Bennington of Linkin Park had written down his stories into lyrics of Linkin Park's songs (2) To explain the causes that Chester Bennington depression and decides to commit suicide, and (3) to explain that the songs of Chester Bennington was depressed and decided to commit suicide.

The theory used is from a some sourceres by Sigmund Freud about Chester Bennington's mental health. For searching his message is using by George Yule's theory. For the method of data analysis, the author uses qualitative research. For searching seven lyrics of songs analysis using Dallin's theory. This research is qualitative research using the content analysis method. The findings of this research is a song lyric, lyrics give the audience deep understanding about the message contained in the song.

Keywords: Chester Bennington, Hybrid Theory until One More Light, Sigmund Freud, George Yule, Dallin.

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#### I INTRODUCTION

To begin with, in the background of the problem, the writer explains several things that motivate and encourage her to make this writing. This background serves as the explanation of, firstly, reason of choosing the topic of depression and suicide message as seen in Chester Bennington of Linkin Park's selected lyrics from 2000 (*Hybrid Theory*) until 2017 (*One More Light*) to analyze the message behind the lyric, viewing from the point of psychology analysis, pragmatics analysis, and lyrics of songs.

The reason the writer chooses this band is that they are completely different from other bands, the rock genre is not my preference, but Linkin Park makes it sound clear, not only loud instrument music or screaming sounds but the strong message of song lyrics. Linkin Park consists of six people, namely Chester Bennington Delson as the vocalist, Mike Kenji Shinoda as a rapper (founder of Linkin Park), Brad Philip Delson as a guitarist, David Micheal "Phoenix" Farrel as a bass, Joseph Hanh as a disc jockey (DJ) and Rob Gregory Bourdon as a drummer.

#### II RESEARCH METHODS

# Method of Collecting the Data

The method that is not based on the probability and be chosen with certain intention is called purposive sampling. This method is generally employed for specific purpose (Semi; 42). In this case, the writer chooses the sampling random collecting. Every sample taking which does not apply the random collecting is named with the term nonrandom sampling technique. In this collecting, not every member of population has the similar possibility or opportunity to become the sample member.

# **Method of Analyzing Data**

In the procedure of analyzing the data, the primary data was taken from Chester Bennington's story, the writer try to analyze his story by using the lyrics of Linkin Park's song. In doing this research, the writer starts by analyzing some intrinsic elements from the lyrics and connect to Chester Bennington's story.

# **Technique of Collecting the Data**

In this data collection, the whole procedures in library research, internet research, and collecting the theory are applying the content analysis. This term refers to the analysis of the data and material before using them as the reference. Here, one tries to analyze the documents in order to be understood on its implied contents and meanings within those documents (Pradopo, 2001).

# **Technique of Analyzing the Data**

Technique analyzing for research with related titles uses the hermeneutic method that focuses on the song lyrics. Hermeneutics is the capture of meaning (Rifatterre,1978 in Pradopo, 2004). According to Iser (1978) reading is not a process that runs in one direction, namely from the direction of the reader, but a form of the dynamic interaction between the text and the reader (Pradopo, 2004).

#### III RESULTS AND DISCUSSION

The writer analyzes seven songs in six albums of Linkin Park which are *Crawling*, *Numb*, *What I've Done*, *Castle of Glass*, *I'll Be Gone*, *Waiting For The End*, and *Heavy*. These seven songs contain a message about Chester Bennington's story of how he poured out all the depression he had experienced from childhood to adulthood to plan suicide.

# Crawling

This song tells about Chester Bennington who was dependent on drugs and alcohol since he was a teenager due to his depression. The Chester Bennington message he delivered here is in the chorus and the first lyrics in the second row.

#### Numb

This song is one of the songs most closely related to abuse, Chester Bennington experienced

this when he was seven years to thirteen years old, by his friend who was older than him. The message he delivered was in the second verse, the first and second rows.

# What I've Done

What I've done is a song that was made over the events of the war that occurred throughout the world, but the message of the song changed because the death of the Chester Bennington was clearly seen in the first verse of the first to fourth rows.

#### I'll Be Gone

I'll be gone is a song that is rarely sung directly at Linkin Park's concert, but this song is a concern of the fans because the time of the death of the Chester Bennington is very much in accordance with the song. This song is in the spotlight that Chester Bennington increasingly explains that his planned to commit suicide. The message is in the first verse, the second verse, and the chorus.

#### Castle of Glass

# IV CONCLUSIONS

After analyzing the depression and suicide message as seen in Chester Bennington of Linkin Park's selected lyrics from 2000 (Hybrid Theory) until 2017 (One More Light), the writer make conclusion as follows:

- Chester Bennington had told his life experience through songs, the seven songs were very clear, he needed help to solve his problem, but every time he talked about it, people were never aware of it.
- I'll Be Gone is one song that proves that indeed the plan for suicide has been around for a long time and has been planned, according to the time he set himself without any influence from anyone.
- 3. Chester Bennington lyrics is important message that influenced to people's life that they can help themselves with no doubt to speak about the mental health is matter.

This song, when viewed from a video clip, is a song about soldiers who fought and died on the battlefield, but the lyrics in it were quoted from the interview that Chester also felt with his experience and seen a message in the chorus.

# Waiting For The End

This song tells about human fear while waiting for death and what the consequences from it. Proven this suicide plan is explained in the quotation "everything that you hear on the record is being performed physically by somebody on stage". This makes it very clear if Chester wants to end his life, the message is conveyed in the first verse, from first row to the fourth row.

#### Heavy

"Heavy" centers around the emotional weight of fixating on oneself. It is the first single from Linkin Park's seventh studio album. Chester Bennington said in an interview with I Heart Radio,2017 that "Heavy" is a song of enlightenment, where a person takes a step back and realizes that a great deal of emotional strain is self-inflicted.

#### 1. The Student

In Analyzing these seven songs, the writer is realize in analyzing seven Linkin park songs containing Chester Bennington's message, the author realize that analyzing does not only here, but there are still many that can be developed through this thesis. Mistake and weakness still happen in many aspects such as method, analyses, discussion. Positive suggestion and criticsm still the writer needed to make the study become better.

Thus, the writer hope for those who have the desire and love of literary works to be motivated to develop other aspects especially in analyzing this songs, in order to be useful to increase their knowledge of the song in English literature.

# 2. The Further Research

The further researcher can use the result of this research as a reference to other researchers with different subject.

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